



INNICHEN – SAN CANDIDO ACTIVE 2024

03.06. – 11.10.2024

MONDAY

Walk to the source of the Drau/Drava river and visit to the Bunker Museum

- ✓ difficulty: easy
- ✓ start: 1.00 pm at the **Tourist Office**
- ✓ return: 5.30 pm approx.
- ✓ duration: 4 hours approx.
- ✓ equipment: good shoes, water, rain protection, warm jacket, because it's cold in the bunker!!!
- ✓ price: adults: € 16,00 / U14: € 12,00

Entrance Bunker Museum not included.

Entrance Bunker Museum: adults € 6,00 / junior 5-15 years € 3,00 / U5 free of charge

Don't forget your SÜDTIROL GUEST PASS for the bus.

The walk leads along the forest path at the Haunold/Baranci valley station in direction of Toblach/Dobbiaco to the source of the Drau/Drava river. From there past the shooting range to the Baumonna farm, where the new bunker museum will be visited. Return either on foot or by bus from the Baumonna farm.

TUESDAY

**Hike Stiergarten - Sesto Alps - Kreuzberg Pass/Passo Monte Croce Comelico
(04.06., 25.06., 16.07., 06.08., 27.08.2024)**

- ✓ difficulty: medium
- ✓ start: 8.30 am at the **Tourist Office**
(bus lin. 446 starts at 8.48 am at the Haunold/Baranci)
- ✓ return: 4.00 pm approx.
- ✓ walking time: 5 hours approx.
- ✓ equipment: good shoes, water, food (lunch possibility in the hut), rain protection
- ✓ price: adults: € 20,00 / U14: € 15,00

The cable car is not included:

Mountain ride cable car: adults: € 25,00 / U16: € 17,00 / U8: free of charge

Don't forget your SÜDTIROL GUEST PASS for the bus.

We go by bus to Signaue, then we take the Drei Zinnen cable car to the Stiergarten. Hike along the tracks of old smugglers' trails via the Klammbach hut and Nemesalm hut towards the Kreuzberg Pass/Passo Monte Croce Comelico. There we take the bus back to the starting point.



Hike in the Innerfeldtal / Val Campo di Dentro valley (11.06., 02.07., 23.07., 13.08.2024)

- ✓ difficulty: medium
- ✓ start: 8.30 am **Tourist office**
(bus lin. 446 starts at 8.48 am at the Haunold/Baranci)
- ✓ return: 4.00 pm approx
- ✓ walking time: 4 hours approx.
- ✓ equipment: good shoes, water, food (lunch possibility in the hut), rain protection
- ✓ price: adults: € 20,00 / U14: € 15,00

Don't forget your SÜDTIROL GUEST PASS for the bus.

We take the public bus to the beginning of the valley between Innichen and Sexten. From there we hike through the beautiful Innerfeldtal valley to the Drei Schuster Hütte. Alternatively, the way back can also be done partly by public transport (descent only approx. 30 min).

Panoramic hike on the Mount Innichberg/Monte San Candido to Vierschach/Versciaco – Winnebach/Prato Drava (18.06., 09.07., 30.07., 20.08.2024)

- ✓ difficulty: medium
- ✓ start: 9.00 am at the **Tourist Office**
- ✓ return: 3.00 pm approx.
- ✓ walking time: 4 hours approx.
- ✓ equipment: good shoes, water, food, rain protection
- ✓ price: adults: € 20,00 / U14: € 15,00

Don't forget your SÜDTIROL GUEST PASS for the bus or the train.

Hike from Innichen/San Candido to Stauderhof (approx. 1 hour, 300 m altitude difference). From there via the panoramic path further over the Vierschachberg/Monte Versciaco and descent to Vierschach/Versciaco or Winnebach/Prato Drava (to be decided on site). From the respective village take the bus or train back to Innichen/San Candido. Attention: no stop at a hut is planned.

Hike over the Helm/Monte Elmo – in the footsteps of smugglers (03.09-08.10.2024)

- ✓ difficulty: medium
- ✓ start: 8.40 am at the **Tourist Office**
(bus starts at 8.50 am at the Pfliegplatz/Piazza del Magistrato)
- ✓ return: 4.00 pm approx.
- ✓ walking time: 4-5 hours approx.
- ✓ equipment: complete mountain equipment, water, food (lunch possibility in the hut), rain protection
- ✓ price: adults: € 20,00 / U14: € 15,00

The cable car is not included.

Ascent & descent cable car: adults: € 32,00 / U16: € 21,50 / U8: free of charge

Don't forget your SÜDTIROL GUEST PASS for the bus.

We start with the public bus to Vierschach/Versciaco and go with the cable car to the Helm/Monte Elmo (2.050 m). Here the hike begins via the Hüttensteig path nr. 20 to the Rif. Sillianer Hütte hut. After a refreshment (hut or self-catering), the way back is via the old Helmhaus at 2.434 m. With a 360° view between the Italian-Austrian border, we learn a lot



about the exciting history of this area. Descent via hiking trail nr. 4a and the Rif. Hahnspielhütte/Gallo Cedrone hut to the Helm/Monte Elmo mountain station, where we then take the cable car back down to the valley and return to the starting point by public bus.

WEDNESDAY

Visit of the Kleinmarer farm (for the dates see weekly programme)

- ✓ difficulty: easy
- ✓ start: 8.40 am at the **Tourist Office**
(bus starts at 8.50 am at the Pflegplatz/Piazza del Magistrato)
- ✓ return: 12.30 pm approx.
- ✓ duration of the visit: 1 hour approx.
- ✓ equipment: good shoes, water, rain protection
- ✓ price: adults: € 16,00 / U14: € 12,00 / U4: free of charge



Don't forget your SÜDTIROL GUEST PASS for the bus.

Short circular walk of approx. 50 min. on asphalt or gravel road to the Kleinmarer farm. We visit the farm with stable, animals and garden. The experience for the whole family is rounded off with a tasting of typical farm products. The way back to the starting point takes approx. 40 min.

Visit of the Huberhof farm (for the dates see weekly programme)

- ✓ difficulty: easy
- ✓ start: 8.40 am at the **Tourist Office**
(bus starts at 8.50 am at the Pflegplatz/Piazza del Magistrato)
- ✓ return: 12.00 pm approx.
- ✓ duration of the visit: 1 hour approx.
- ✓ equipment: good shoes, water, rain protection
- ✓ price: adults: € 16,00 / U14: € 12,00 / U4: free of charge



Don't forget your SÜDTIROL GUEST PASS for the bus.

Short walk over asphalt of approx. 30 minutes to the Huberhof farm. We visit the farm with stable, animals and garden. The experience for the whole family is rounded off with a tasting of typical farm products. The walk back to the starting point takes about 30 minutes.

Visit of the Steinmetz farm (for the dates see weekly programme)

- ✓ difficulty: easy
- ✓ start: 8.30 am **Tourist office**
(bus lin. 446 starts at 8.48 am at the Haunold/Baranci)
- ✓ return: 12.00 pm approx.
- ✓ duration of the visit: 1 hour approx.
- ✓ equipment: good shoes, water, rain protection
- ✓ price: adults: € 16,00 / U14: € 12,00 / U4: free of charge



Don't forget your SÜDTIROL GUEST PASS for the bus.

We make a short walk of approx. 50 min. to the Steinmetz farm. We visit the farm with stable, animals and the farm butchery. The experience for the whole family is rounded off with a tasting of typical farm products. The way back to the starting point takes about 50 min.



Visit of the farm dairy “Unterolzl” (for the dates see weekly programme)

- ✓ difficulty: easy
- ✓ start: 8.30 am **Tourist office**
(bus lin. 446 starts at 8.48 am at the Haunold/Baranci)
- ✓ return: 12.30 pm approx.
- ✓ duration of the visit: 2 hour approx.
- ✓ equipment: good shoes, water, rain protection
- ✓ price: adults: € 16,00 / U14: € 12,00 / U4: free of charge



Don't forget your SÜDTIROL GUEST PASS for the bus.

We make a short walk of approx. 20 minutes to the farm dairy “Unterolzl” (also accessible for baby carriages). We visit the farm with stable, animals and we can see also how cheese is made. The experience for the whole family is rounded off with a tasting of cheese products.

THURSDAY

Three Peaks hike

- ✓ difficulty: medium
- ✓ start: 7.30 am at the **bus stop Haunold / Monte Baranci**
- ✓ return: 5.00 pm approx.
- ✓ walking time: 5 hours approx.
- ✓ equipment: complete mountain equipment, water, food
- ✓ price: adults: € 30,00 / U14: € 20,00



Taxi obligatory for all: € 30,00 for outward and return not included / to go with the own car is not possible for organisational reasons. (In case of cancellation after 6 pm of the previous day the taxi must still be paid)

We go by taxi or bus to the Rif. Auronzo Hütte hut (2.333 m): There we start the approximate 5-hour circular hike via trail nr. 101 to the Paternsattel (2.454m) and then on to the Rif. Drei Zinnen Hütte hut (2539m), where we rest for approximate 30 minutes. Via trail nr. 105 we continue to the Langalm (2240m) and come back to the starting point. Here we take the taxi again to return to Innichen/San Candido.

FRIDAY

Olperl's Nature Park: barefoot in the Olperl's footsteps (07.06., 28.06., 19.07., 09.08., 30.08., 20.09., 04.10.2024)

- ✓ difficulty: easy
- ✓ start: 8.40 am at the **Tourist Office**
(bus starts at 8.50 pm at the Pflegplatz/Piazza del Magistrato)
- ✓ return: 12.30 pm approx.
- ✓ walking time: 2 hours approx.
- ✓ children: from 4 years
- ✓ equipment: good shoes, water, towel
- ✓ price: adults: € 16,00 / U14: € 12,00

Bus and cable car not included.

Ascent & descent cable car: adults: € 32,00 / U16: € 21,50 / U8: free of charge



Don't forget your SÜDTIROL GUEST PASS for the bus.

We take the bus to Vierschach/Versciaco and from there the cable car up to the Helm (2.050 m). The Olperl's Nature Park starts directly at the mountain station of the Helm cable car and leads to Olperl's best friends - into the realm of the alpine animal world. On the 1,5 km long circular trail you can discover 10 exciting adventure points - with great views of the summit world of the Sesto Dolomites. Exploring Olperl's Natur Park on the highest barefoot trail in the Dolomites (2.150 m) is soothing and healthy. Soft moss, fragrant larch wood, stone slabs or pebbles revitalise the foot reflex zones before the feet are bathed in cooling spring water. Those who wish can enjoy the rest of the day at the Helm, otherwise we take the cable car back to Vierschach/Versciaco and return from there by bus to Innichen/San Candido.

The Magic of the Haunold/Baranci

(14.06., 05.07., 26.07., 16.08., 06.09., 27.09., 11.10.2024)

- ✓ difficulty: easy
- ✓ start: 9.30 am at the **Tourist Office**
- ✓ return: approx. 1.30 pm
- ✓ equipment: good shoes, water, towel
- ✓ price: adults: € 16, 00 / U14: € 12,00

The chairlift is not included.

Mountain ride chairlift: adults: € 19,50 / U16: € 13,50 / U8: free of charge

Ride the chairlift up to the Haunold/Baranci. From there we go in search of the giant Haunold and can explore his kingdom at various stations. The hike then continues across the Schmiedelwiesen to the Wildbad and its various water sources. In the tranquillity of nature we learn many secrets of the forest as well as various forms of relaxation such as walking barefoot, treading water and relaxation exercises. Return to San Candido along the Sexten river.

Kneipp for me® Active Park in the Niederdorf/Villabassa Kurpark

(21.06., 12.07., 02.08., 23.08., 13.09.2024)

- difficulty: easy
- start: 9:15 am at the **Tourist Office**
(the train departs at 9.50 am)
- return: approx. 12.30 am
- equipment: water, towel
- price: adults: € 16,00 / U14: € 12,00

THE Kneipp facility not included.

Kneipp facility: adults: € 6,00 / U4: free

Don't forget your SÜDTIROL GUEST PASS for the train.

We go by train to Niederdorf/Villabassa. Kneipp in South Tyrol becomes a highlight in the spacious Raiffeisen Kneipp for me® Active Park in the Kurpark of Niederdorf/Villabassa! Maintain your health, feel good and recharge your batteries, unwind, move your body, feel the power of water, rediscover old recipes. Return by train to Innichen/San Candido.



GENERAL

- ✓ Registration deadlines at the Tourist Information San Candido:
 - Monday: until 10.30 am of the same day
 - Tuesday, Wednesday, Thursday & Friday: until 6.00 pm of the previous day
- ✓ There is no minimum number of participants, but a maximum number of participants
- ✓ Dogs are not permitted at the tours of Wednesday and Thursday.